

## The SHINE Program

**The SHINE Program provides free health insurance information, counseling, and assistance to Massachusetts Medicare beneficiaries and their caregivers. Minuteman Senior Services provides SHINE counseling in our 16-town service area and Somerville and Cambridge.**

**SHINE** is administered by the Massachusetts Executive Office of Elder Affairs in partnership with Minuteman Senior Services.

**SHINE** counselors are state-certified and knowledgeable regarding all aspects of Medicare. Services are available to Massachusetts residents for assistance with: Medicare Parts A&B, Medicare Advantage Plans, Medicare Prescription Drug Coverage (Medicare Part D), Medicare Supplement Plans, MassHealth, and various public health assistance programs for people with limited resources. Counselors are hosted at Councils on Aging, hospitals, public housing locations, and other community settings. **Counseling services are available in all languages and accessible to people with disabilities and people who are homebound, either in person or remotely.**

### **SHINE counselors can:**

- Help Medicare beneficiaries, family members, and their caregivers navigate available health insurance options, including prescription drug and dental coverage.
- Simplify the language and explain how Medicare and other insurance components work with Medicare.
- Compare the individual costs and benefits of all the healthcare options available.
- Provide information on free or low-cost dental, vision, prescription drug, and hearing programs.
- Assist people with limited resources or who are uninsured with access to state/federal public health benefits programs.

**For more information, contact your local Council on Aging or the Minuteman Senior Services SHINE Program at (781) 221-7029.**

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Interpreter Services Available

01/24