



Your source for a wide range of services and solutions

- Information Center
- Care Management
- Family Caregiver Support
- Meals and Nutrition
- In-home Services
- Elder Protective Services
- Options Counseling
- Health Benefits Counseling
- Money Management
- Health and Wellness
- Rights Advocacy



Contact us today
Toll-free (888) 222-6171
info@MinutemanSenior.org



Help us help others

To support our mission with a donation, visit www.MinutemanSenior.org/donate
To explore volunteer opportunities, visit www.MinutemanSenior.org/volunteer



Helping people of all abilities and backgrounds navigate aging with choice and dignity

Minuteman Senior Services
 One Burlington Woods Drive, Suite 101
 Burlington, MA 01803
 Toll-free (888) 222-6171
 MassRelay: 711 or (800) 439-2370 (TTY/ASCII)
www.MinutemanSenior.org

For statewide resources:
www.massoptions.org (800) 243-4636

Minuteman Senior Services is a private, non-profit agency that operates as part of a statewide network under the Massachusetts Executive Office of Elder Affairs.




The journey to a healthy, fulfilling life starts here



Since 1975, Minuteman Senior Services has provided older adults, people with disabilities, and their family caregivers with the information and assistance they need to make informed decisions about their care and support.

Empowering people

Our knowledgeable and compassionate staff and volunteers help older adults, people with disabilities, and family caregivers find the help they need when and where they need it. We empower people to meet their challenges head on, helping them make informed choices to stay in control of their lives.

We simplify the system

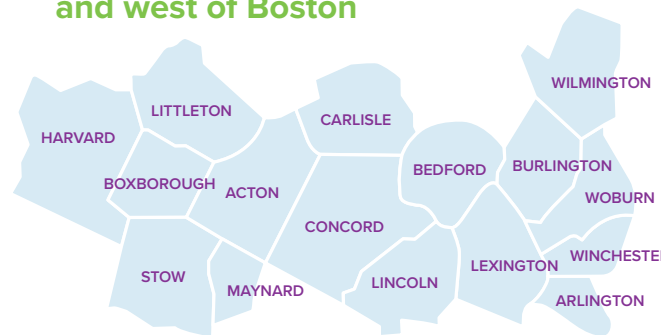
We serve as a one-stop resource, providing information about in-home and residential care options, caregiver support, public benefits, health insurance, prescription drug coverage, and much more. We help people understand their options and find solutions to everyday issues.



Practical, affordable solutions

We are committed to connecting people with resources that fit within their means. Many of our services are free to those who qualify, and others are available on a sliding fee scale. Our programs are funded in part by the Massachusetts Executive Office of Elder Affairs and the Older Americans Act.

Serving 16 towns north and west of Boston



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Inclusive, person-centered care

We serve people of diverse backgrounds, languages, and communities—including the LGBTQIA+ community. We meet each person where they are, adapting services to provide person-centered care.

An extensive network of support

We work closely with community organizations, healthcare providers, home health agencies, transportation providers, assisted living and long-term care facilities, senior centers, and others, as well as state and national government agencies. Whether you are seeking one-time assistance or ongoing support, we have access to people who can help.

Knowledgeable, responsive staff

Whether you are contacting us for yourself or someone close to you, we will do our best to help you by bringing our expertise to your home and community. You can count on us—we care about you and want you to feel at ease contacting us as your needs change.

