



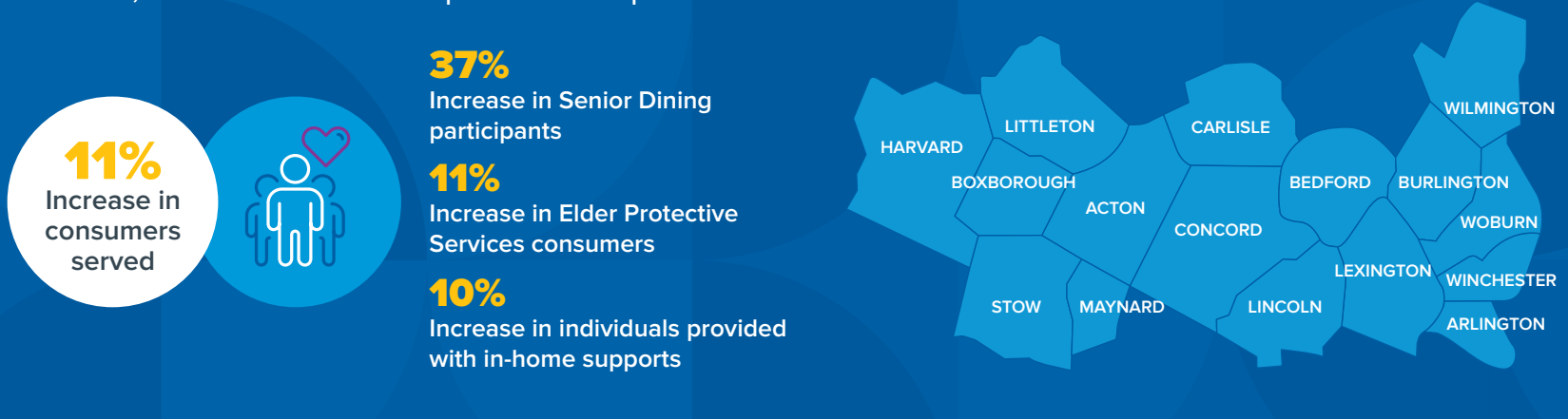
Empowering People. Engaging Communities.

2024 Impact Report

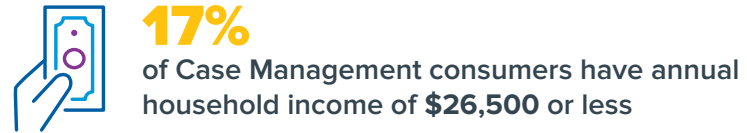
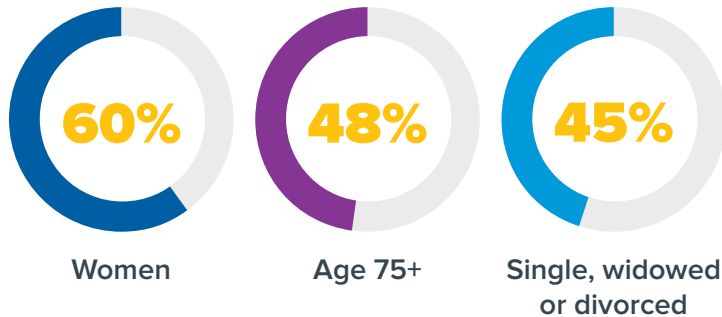


Minuteman Senior Services is a private, non-profit agency dedicated to helping people of all abilities and backgrounds navigate aging with choice and dignity.

In **2024**, we continued to expand our impact in the **16** communities we serve.



Who we serve



Letter from the Executive Director & Board President

In 2024, we celebrated our agency's 49th anniversary and our proud legacy as a trusted resource for older adults, people with disabilities, and family caregivers. We also stepped into the future with a new logo, messaging, and website for Minuteman Senior Services. Our new brand is designed to better convey how we enhance the health, well-being, and independence of people with diverse backgrounds as they navigate aging and disability.

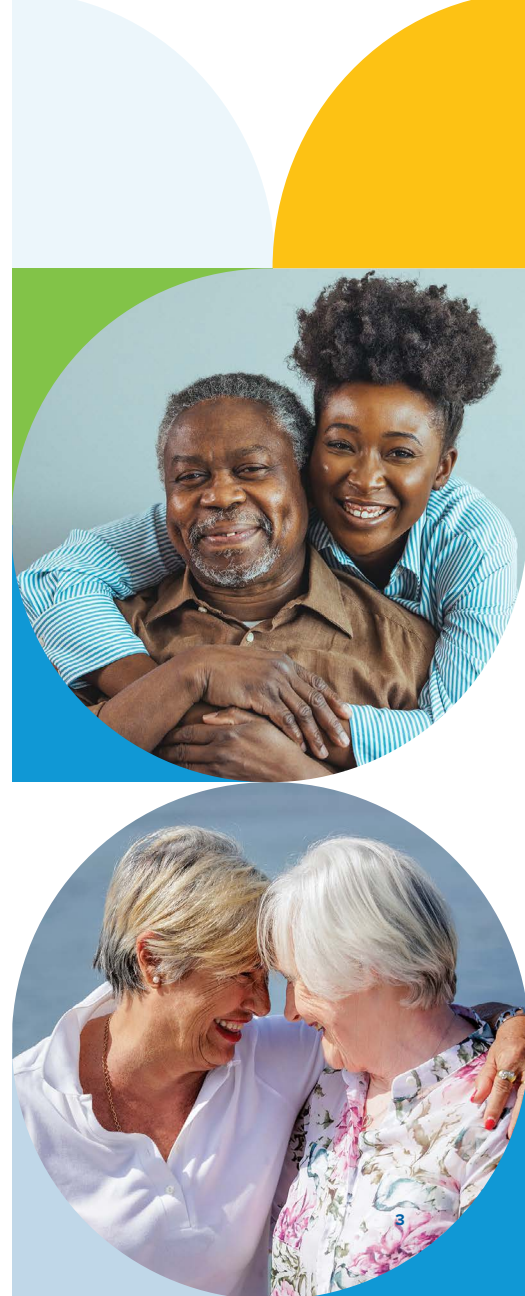
The past year also brought new opportunities to empower older adults, people with disabilities, and family caregivers to live their best lives. In Fiscal Year 2024, we assisted more than 9,600 neighbors through our programs and services, including case management, protective services, bill-paying assistance, or health insurance counseling. These engagements often involve multiple programs and services to address the medical, cognitive, social, and financial needs that impact an individual's health and well-being.

In our ongoing commitment to promote health equity, we have several programs aimed at supporting historically underserved people and communities. These programs—including offering culturally tailored meals and providing social programming for the LGBTQIA+ community—were developed in response to the needs expressed by people in our service area sharing their stories and gaps in community programs. We also invested federal funding in programs that enabled our community partners to provide more than 200 individuals with access to these services that otherwise might not have been available.

Our accomplishments are made possible by the talent and dedication of our 140 employees and 450 volunteers, and the generosity of our amazing donors. As exciting as this past year was, 2025 will be a year of celebration as the agency marks its 50th anniversary. We look forward to building on the strong foundation of our past to help create a healthier community for our neighbors for the next 50 years.


Kelly Magee Wright
Executive Director


Thomas Flannery
Board President



Empowering People

Helping Address Housing Insecurity

Evicted from their apartment and struggling with health issues that impacted their finances, Evelyn and her adult son found themselves without a place to live. Following a referral by their local Council on Aging to Minuteman's Community Care Coordination program, we paid for short-term shelter at a hotel and worked with Evelyn and her son to secure public assistance to support their housing expenses.



"I felt seen, I felt heard, and I felt supported by every person I have worked with at Minuteman."

— Evelyn



Individuals and families received housing support through Minuteman programs and services

Caring for the Caregivers

Married for 51 years, James and Anne relocated to Massachusetts to be closer to family as James's health declined. As James required more support due to Alzheimer's disease, Minuteman arranged for home care services. When he exhibited increased confusion and agitation, his home care nurse worried about Anne's self-care. A Caregiver Specialist met with Anne to develop a self-care plan, connected her with caregiver support resources, and provided strategies to help her navigate James' disease progression.



277

Family caregivers received individual counseling sessions



69

Family caregivers participated in facilitated group support



\$17,418

In federal grants to caregivers to pay for medical equipment, respite care, and supplies

Engaging Communities

Celebrating Culture through Food

Working with local caterers, our nutrition program has expanded the availability of medically and culturally tailored meals for older adults through both home delivery and social dining. Monthly luncheons in Burlington and Lexington provide an opportunity for people of Asian and Indian communities to celebrate their culture through food.



Creating a Safe Space

Working in partnership with the LGBTQ+ Aging Project and the Bedford and Lexington Councils on Aging, we hosted a series of focus groups with members of the LGBTQIA+ community to learn what types of programming would benefit them. Based on this input, Minuteman hosts semi-monthly meetings, creating a safe and welcoming space complete with featured speakers and live entertainment.



“I was so surprised when I saw the flyer on the wall...that there was ANYTHING for us here! Like really for US.”

— LGBTQIA+ program participant

Building on a Foundation of Support

Our Volunteers Make a Difference

When Marie Franco retired from her career as an attorney, she was seeking an opportunity to give back to the community. She joined Minuteman Senior Services as a volunteer, delivering nutritious meals and human contact through the Meals on Wheels program. She expanded her volunteering as a Friendly Visitor for the Social Connections program, providing socialization and support to an older adult in the community.



“Through Minuteman I have been fortunate to be matched with a lovely senior woman. The time that I spend with her has fulfilled me in a way that I did not experience in my professional career.”

— Volunteer Marie Franco

Our Donors Help Close the Funding Gap

While Minuteman receives both state and federal funding, it is not sufficient to meet the needs of our local communities. The generous private and philanthropic support we receive is critical, enabling us to reduce waitlists for services, enhance programs, and provide direct support for people in need.

\$50,875

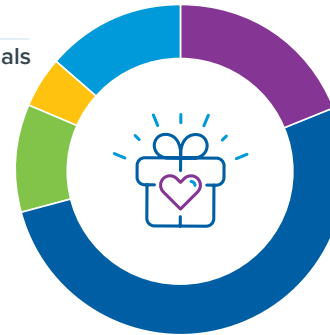
Private individuals

\$19,646

Fundraising events

\$39,830

Corporate donations



\$73,350

Community Chest/
United Way

\$199,461

Foundation support



2,300

SHINE counseling hours

1,200

Hours supporting nursing home residents

227,084

Meals provided

437

Notifications to Care Managers by Meals on Wheels volunteers

Our Board of Directors

Thomas Flannery,
President (Bedford)

Amy Cashore Mariani,
Vice President (Winchester)

Allan Morgan,
Treasurer (Bedford)

Jerome Lerman,
Assistant Treasurer (Carlisle)

Lori Cooney,
Clerk (Acton)

Robert McInnes (Arlington)
Marjorie Vanderhill (Arlington)
Margaret McIndoe (Concord)
Theresa Stokes (Concord)
Sudhir Jain (Lexington)
Bea Mah Holland (Lexington)
Thomas Casey (Lincoln)
Wendy Kusik (Lincoln)
Susan Melander (Littleton)
Annie MacIntyre (Maynard)
Charles Aaronson (Stow)
Molly Doyle (West Newton)

Our Advisory Council

Rita Shah,
Chairperson

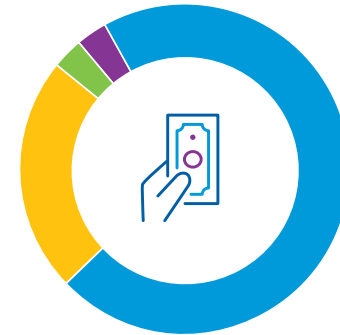
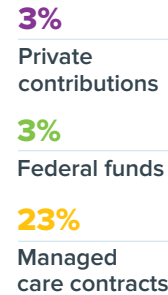
Sally Lopez,
Vice Chairperson

Jane Murray,
Recorder

Kathy Burnes
Susan DeRosa
Joann Montepare
Muhammad Abuzar
Thomas Casey

Revenues and Expenses FY24

Revenues: \$45,172,38



Expenses: \$44,727,971





Since 1975, Minuteman Senior Services has provided older adults, people with disabilities, and their family caregivers with the information and assistance they need to make informed decisions about their care and support. As part of a statewide network operating under the Massachusetts Executive Office of Elder Affairs, Minuteman serves people throughout 16 towns north and west of Boston. We draw strength from our community partnerships, our extensive network of service providers, and our experienced and compassionate staff and volunteers.

Your source for a wide range of services and solutions

Elder Protective Services
Family Caregiver Support
Health Benefits Counseling
Health and Wellness
Information Center

Home Care
Money Management
Nutrition
Rights Advocacy



One Burlington Woods Drive, Suite 101, Burlington, MA 01803

(781) 272-7177, (888) 222-6171 (toll free)

MassRelay: 711 or (800) 439-2370 (TTY/ASCI)

www.MinutemanSenior.org

For statewide resources:

www.massoptions.org (800) 243-4636