



Family Caregiver Support Program

At Minuteman Senior Services, we understand how challenging the task of day-to-day caregiving can be. The Massachusetts Family Caregiver Support Program is available to offer support to caregivers living in our service area or caring for someone residing in our service area.

Our goal is to enhance the quality of life for caregivers, care recipients, and families. We will work with you one-on-one to offer guidance and support. Our compassionate staff may provide phone consultations, virtual meetings, or a home visit, depending on individual needs. Consultations are free and can be scheduled at our office in Burlington, in your home, or at another location convenient for you.

The following specific populations of caregivers are eligible to receive services:

- Adult family members or other informal caregivers ages 18 and older providing care to individuals 60 years of age and older, or to individuals of any age with Alzheimer's disease or a related disorder
- Older relatives (not parents) ages 55 and older providing care to children under the age of 18, including grandparents raising grandchildren
- Older relatives, including parents, ages 55 and older providing care to adults ages 18-59 with disabilities

Our Community Care Coordinators empower caregivers by assisting with:

- Information on caregiving tips and strategies
- Community-based services
- Day-to-day care and social engagement of care recipients
- Resources to support caregiver self-care and wellness
- Caregiver support groups
- Educational programs for caregivers
- Long-term planning

For more information, contact us at (888) 222-6171 or visit our website at www.MinutemanSenior.org



Interpreter Services Available

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Toll Free (888) 222-6171 • www.MinutemanSenior.org • info@MinutemanSenior.org

MassRelay: 711 or (800) 439-2370 (TTY/ASCII)