

You Can!







Open enrollment is **October 15 – December 7** and the time is **now** to review your Medicare coverage!

- Each Medicare beneficiary receives an *Annual Notice of Coverage* which is important information regarding Medicare costs and benefits.
- A no-cost visit or phone call with a state-certified SHINE volunteer may reduce your out of pocket medical and/or prescription drug costs, and help you identify public programs that can help with premiums, copayments and health coverage based on income and assets.
- SHINE counselors are available at your senior center by appointment to help you understand health care coverage, review cost increases, and find out what's new with Medicare. To find your local Council on Aging use the locator at https://mcoaonline.com/what-is-a-coa/coa-directory/
- SHINE appointments fill up fast during this busy period and are available in all languages, so schedule now to avoid making last minute decisions or staying in a plan that no long works for you.

 Appointments may be in person using current COVID19 safety protocols, over the phone or by ZOOM.

Plan to have the following information available for your SHINE appointment:

- ☑ Medicare A/B card
- ☑ Medigap or Medicare Advantage Card
- ☑ Prescription Drug Plan Member Card (if you have a Part D plan)
- ✓ List of medications and dosage which can be obtained from your local pharmacy
- My Medicare account username and password (if you have an account created) this will save time as all medications and dosage information are stored and can be updated.



For those who prefer to view Medicare plan choices and costs online please visit www.Medicare.gov, then, click on *find a provider* and click on the *health and drug plan* tab.

Other helpful telephone numbers and websites: Social Security - www.ssa.gov - 800-772-1213 and Prescription Advantage - www.prescriptionadvantagema.org - 800-243-4636

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