

Are your possessions taking over your home? Our Decluttering Group Can Help!



14 week group starting

**Wednesday,
September 27
2:00pm-3:30pm**

**Minuteman Senior Services
26 Crosby Drive, Bedford, MA**

Space is limited

Pre-registration required

For adults of all ages

For more information contact
Susan at 781-221-7052 or
s.adams@minutemansenior.org

✓ If you can answer “YES” to any of these questions, there is help and support for you.

- Is clutter affecting you at home, work, or in your relationships?
- Does your clutter create safety issues in your home?
- Are you embarrassed or ashamed to have people in your home?