

Please join us for special

Malnutrition Awareness Programs

In celebration of **Older Americans Month**, activities will include:

- PowerPoint presentation about the signs of malnutrition & prevention
- Individual malnutrition risk screening
- Healthy diet information
- Free snack giveaway
- Q&A with Minuteman's Registered Dietitian, Deb McLean



Program Details

Acton Senior Center (Dining Room)

Tuesday, May 21 at 11:00AM

*Please sign up at front desk or call
781-221-7098*

Arlington Senior Center

Wednesday, May 29 at 1:30PM

*Please sign up at the Senior Center
front desk or call 781-316-3400*

Arlington Heights Drake Village

Wednesday, May 29 at 11:00AM

*Please sign up with Cody or call
781-221-7081*

Harvard Senior Center

Thursday, May 30 at 1:00PM

*Please sign up at the front desk or
call 978-456-4120*

Lexington Community Center (Community Room)

Wednesday, May 22 at 1:00PM

*Please sign up at the front desk or
call 781-698-4840*

Woburn Senior Center

Thursday, May 23 at 10:00AM

*Please sign up at the front desk or
call 781-897-5960*

